

Download File PDF Life Orientation Grade 11 Past Exam Papers

#Jenny



Finally I get this ebook, thanks for all these I can get now!

#Rio



Cool! I'am really happy

#Markus Jensen



I did not think that this would work, my best friend showed me this website, and it does! I get my most wanted eBook

#Hun Tsu



wtf this great ebook for free?!

#Che Salsa



My friends are so mad that they do not know how I have all the high quality ebook which they do not!

#Diego Butler



so many fake sites. this is the first one which worked! Many thanks

LIFE ORIENTATION GRADES 10-12	
TOPIC	TERM 2 GRADE 12
	WEEKS 1 - 4 Recommended resources
Development of the self in society	4 hours Textbook, newspaper articles, Bill of Rights
<ul style="list-style-type: none">Human factors that cause ill-health, accidents, crises and disasters: psychological, social, religious, cultural practices and different knowledge practicesLifestyle diseases as a result of poverty and gender imbalances: cancer, hypertension, diseases of the heart and circulatory system, tuberculosis, sexually transmitted infections including HIV and AIDSContributing factors: eating habits, lack of exercise, smoking, substance abuse and unsafe sexual behaviourIntervention strategies: prevention and control, early detection, treatment, care and support	
<ul style="list-style-type: none">Contribution to participate in physical activities for long-term engagement: develop an action planLong-term effects of participation: physical, mental, social and emotionalMaximised benefits and illnesses of lifestyle	
Physical education	4 hours Textbook, resources on relaxation and recreational activities
<ul style="list-style-type: none">Participation in programmes that promote long-term engagement in relaxation and recreational activitiesParticipation and movement performance in programmes that promote long-term engagement in relaxation and recreational activitiesSafety issues relating to participation in relaxation and recreational activities	
	WEEKS 5 - 7
Careers and career choices	2 hours Textbook, resources on careers
<ul style="list-style-type: none">Core elements of a job contract: worker rights and obligations, conditions of serviceLabour laws: Labour Relations Act, Employment Equity Act and Basic Conditions of Employment ActPrinciples of study and welfareRecruitment process: general trends and practicesTrade unions and organised labourWork ethics and societal expectationsThe value of work: how work gives meaning to life	
Physical education	2 hours Textbook, resources on relaxation, recreation and recreational activities
<ul style="list-style-type: none">Participation in programmes that promote long-term engagement in relaxation and recreational activitiesParticipation and movement performance in programmes that promote long-term engagement in relaxation and recreational activities	
	WEEKS 8 - 10
EXAMINATIONS	
Formal assessment: 1. Final examination 2. PET	It is compulsory to cover the given topics in the term indicated. The emphasis of the topics within the term is however, not fixed.

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